

OCCG Trimethoprim Patient Group Direction (PGD)

Inclusion and Exclusion Criteria

It is advisable to check that the patient is suitable for the service before referring them to the pharmacy. This list can be shown to the patient prior to referral.

<p>Clinical condition or situation to which this PGD applies</p>	<p>Treatment of otherwise healthy women presenting with uncomplicated UTI. Suitable patients will be treated with Trimethoprim BD for 3 days.</p>
<p>Inclusion criteria</p>	<p>Women aged 16 – 65 years old, presenting with 3 or more symptoms (unless both dysuria and frequency are present, in which case patient can be included) associated with an uncomplicated UTI Symptoms include:</p> <ul style="list-style-type: none"> • Dysuria (painful urination) • Increased urinary frequency and urgency of recent onset • Suprapubic tenderness (patient experiencing pain in the central lower part of the abdomen) • Polyuria (passing abnormally large volumes of dilute urine) <p>Evidence shows if dysuria and frequency are present the likelihood of being a UTI is greater than 90%¹</p>
<p>Exclusion criteria</p>	<ul style="list-style-type: none"> • Female aged under 16 years of age or over 65 years of age • Males • Pregnant female, or possible pregnancy • Breast feeding mothers • Known hypersensitivity to trimethoprim • Known hypersensitivity to any ingredient of the trimethoprim product being supplied • Patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption • Women presenting with symptoms of pyelonephritis i.e. Fever >38°C, nausea/ vomiting, rigors, loin or severe abdominal pains/ tenderness and headache • Women who refuse treatment or do not consent to treatment. • Known renal impairment or acute kidney injury • Severe hepatic insufficiency • Blood dyscrasias • Acute porphyria • Women with abnormal vaginal discharge • Current prophylactic use of trimethoprim • Women with indwelling catheter • Haematuria (unless menstruating) • Any patient who has been treated with trimethoprim for UTI in the last 2 weeks, or on 2 or more occasions in the last 3 months or more than 5 during the previous 12 months. • Patients currently taking a prescribed course of antibiotics • Patients with history of recurrent UTIs (treated or untreated)

	<p>i.e. More than 2 in 6 months, or 3 in previous 12 months</p> <ul style="list-style-type: none"> • Women with urological abnormalities or who have had surgery involving the lower urinary tract • hospitalisation for more than 7 days in the last 6 months • unresolving urinary symptoms • known previous UTI resistant to trimethoprim, cephalosporins, or quinolones • Immunocompromised patients or patients taking immunosuppressants or DMARDs. • Patients who are currently taking medication that has a clinically significant interaction with trimethoprim (refer to most recent BNF): <ul style="list-style-type: none"> • Antiepileptics – Phenytoin • Antimalarials – pyrimethamine • Azathioprine • Ciclosporin • Cytotoxics - mercaptopurine or methotrexate • Tacrolimus • Warfarin
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Pharmacies Involved

Please Note: Pharmacies are able to join the scheme at any time, so this list may change. It is always advisable for the patient to phone ahead to check that there is a pharmacist available who is able to provide the service.

Pharmacy	Address	Town
Avicenna Pharmacy	61 Stert Street	Abingdon
Lloyds	7 Peachcroft Centre	Abingdon
North Abingdon Pharmacy	45 Loyd Close	Abingdon
Tesco Abingdon	Marcham Rd	Abingdon
Reynolds Way Pharmacy	7 Reynolds Way	Abingdon
Frosts Pharmacy	Ferriston	Banbury
Cox and Robinsons	South Bar House	Banbury
Cross Pharmacy	10 Horsefair	Banbury
Barton Pharmacy	6 Underhill Circus	Barton
Lloyds	23 High St	Benson
Jardine Pharmacy	Langford Village	Bicester
Lloyds	Sainsburys	Bicester
Lloyds	The Old Barn	Bicester
Lloyds	Blackbird Leys HC	Blackbird Leys
The Leys Blackbird Leys	100 Blackbird Leys Road	Blackbird Leys
Lloyds	The Square	Botley
Lloyds	7 Burford Rd	Carterton

Chalgrove Pharmacy	60 High Street	Chalgrove
Lloyds	28 Church Rd	Chinnor
Chipping Norton Pharmacy	Chipping Norton Health Centre	Chipping Norton
Lloyds	Cogges Surgery	Cogges Hill
Rowlands	17 Ivy Close	Cowley
Superdrug	Templar Sq	Cowley
Lloyds	Woodlands Medical Centre	Didcot
Lloyds	Didcot HC	Didcot
Tesco Didcot	Wallingford Rd	Didcot
Lloyds	64 Acre End St	Eynsham
Farringdon Pharmacy	3 London Street	Farringdon
Lloyds	High St	Goring on Thames
Henley Pharmacy	25 Bell St	Henley
Avicenna Pharmacy	172 Kennington Road	Kennington
Lloyds	Sainsburys	Kidlington
Lloyds	25 Oxford Rd	Kidlington
Parade Pharmacy	18 The Parade	Kidlington
Lloyds	Sainsburys	Littlemore
Hanborough Pharmacy	56 Churchill Way	Long Hanborough
Woodstock Road Chemist	59 Woodstock Rd	Oxford
The Leys Rosehill	Rosehill	Rosehill
Rowlands	194 Banbury Rd	Summertown
Rowlands	227 Banbury Rd	Summertown
Lloyds	Market Place	Wallingford
Cleggs Pharmacy	Unit 3 Kings Walk	Wantage
Lloyds	Mably Way	Wantage
Lloyds	Sainsburys	Witney
Lloyds	Windrush HC	Witney

For more information contact ailsa.whyte@oxfordshireccg.nhs.uk